



Walk Talk!

American Cancer Society Relay For Life News for Westerly

Relay For Life: Celebrate. Remember. Fight Back.

February 2010

Calendar of Events

Next Committee Meeting:

Thursday, 2/25/10,
5:30-6:30 PM
Dylan's Restaurant
Westerly

Relay Kickoff:

Saturday, 3/6/10
8:30-10:30 AM
Applebee's Restaurant
Post Road, Westerly

Coffee Hours / Captain's Meetings:

The following Thursdays:
March 18, April 15, May 6,
May 27, June 17,
7-8 PM, Knights of
Columbus Hall, Westerly

Bank Night:

Wednesday, June 23rd -
4 PM-7PM
Westerly High School

Relay For Life:

Friday, June 25th -
Saturday, June 26th,
4 PM - 10 AM,
Westerly High School

Visit the ACS
Relay For Life
of Westerly at:
www.westerlyrelay.org

**REGISTER YOUR
TEAM ONLINE NOW!**

Relay Planning Underway *Kickoff Breakfast Set for March 6th*

Greetings everyone and Happy Relay 2010!! We are pleased to report that planning is already underway for what promises to be another memorable Relay For Life season in Westerly. To kickoff the season, we are trying something new this year – a Relay-themed pancake breakfast. That's right – the **POWER of PURPLE** comes to life in pancakes!

The *Applebee's* Relay For Life team is hosting our kickoff event at their restaurant in Westerly on Saturday, March 6th from 8:30 AM to 10:30 AM (meeting portion of the kickoff will be held from 9-10). Admission to the meeting is free. For those wanting breakfast, the cost is \$6 per person and all proceeds will benefit the Westerly Relay For Life. The kickoff will be an opportunity to learn all about the 2010 Relay and to connect with old friends from last year as well as new friends who will join you at this year's Relay. Team Captain packets will be available for pickup, and we'll have our VIP team, *Absolut M&M*, speak briefly about how they have become so successful over the years. The Relay Store will have new items available for sale as well. So, mark your calendars and join us at the 2010 Relay For Life kickoff breakfast on Saturday, March 6th.

We would like to take this opportunity to thank the dedicated group that has stepped up to help plan and coordinate the 2010 Relay. We want to make this year's Relay the best yet and in order to do that, we need your help! Can you lend a hand? We need committee chairs and members for our Corporate Sponsorship, Entertainment/Kid's Entertainment, and Advocacy committees. We also need help on the Luminaria and Survivor Committees as well. If you are interested in learning more about how you can help, please contact either of us (see contact info below).



Lastly, we want to thank you for your continued support of Westerly's Relay For life. We are really excited to be your Event Chairs this year and with some new faces on the committee with fresh ideas, we are thrilled to get the 2010 Relay under way! June may be several months away, but we hope your team is ready to get started as well! Will your team reach the VIP status this year?

Jessie and Lynn, 2010 RFL Event Chairs

- Jessie Haytaian - jhaytaian@yahoo.com
- Lynn Vogelpohl - vogelpohl82@yahoo.com or 860-501-8787



AMERICAN CANCER SOCIETY RELAY FOR LIFE

Celebrate.

Remember.

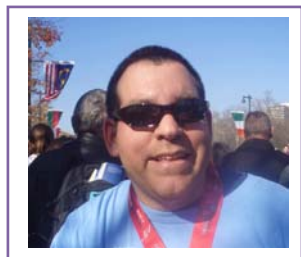
Fight Back.

Frank Abate Completes Half Marathon, Raises over \$10,000 for the ACS/RFL

In November, Westerly local volunteer, coach and teacher Frank Abate ran the Philadelphia Half Marathon to raise money for the American Cancer Society. For most, this would have been quite an undertaking, but it was even more so given Frank has cerebral palsy. He took on this challenge to honor the memory of his father, who passed away after a long battle with pancreatic cancer in 2004.

Frank recently attended a Relay For Life Planning Committee meeting where he was honored and thanked for his determination and dedication to this cause. Frank surprised the committee by donating an additional \$660, bringing his total fundraising efforts to just over \$10,000! Frank made sure to give credit to Andrew Felicetti, a Westerly High School senior who joined him in this effort as part of a senior project.

Frank is truly an inspiration to all of us and words cannot express our deepest pride and thanks for what he accomplished!



ACS Cancer Action Network – Please Join!

The fight to find a cure is no longer being waged solely in laboratories and hospitals; it's now being conducted in local, state, and federal legislatures. Every year, our lawmakers determine the fate of cancer research, prevention, and early detection programs. We need your help to ensure fighting cancer is a top priority for our lawmakers, and that's what the ACS Cancer Action Network (ACS CAN) is all about.

ACS CAN consists of individuals like you who want to see a cure for cancer in their lifetime. By demanding that fighting cancer be a top national priority of your legislators, you can make a difference.

All ACS CAN members are notified of cancer-related issues pending in government agencies. You'll also be notified when critical cancer issues are heading for a vote or are in danger of being ignored by our lawmakers.

PLEASE JOIN! This year, Paula Montgomery, VP for the RI ACS, has issued a challenge to all 18 Relay events in the state to get all committee members (and in Westerly, we'd like all team captains too) signed up as members of the ACS CAN network. Membership is \$10 and having at least 50% of our committee signed up could make us an All-Star Relay – an honor every Relay strives for!

Please visit www.acscan.org and sign up, or see Lynn Vogelpohl for sign up forms. Please do your part to continue the fight against cancer!



Constituents ensure their voices are heard.

Calling all Survivors!

Survivors are the reason we Relay!
A survivor is anyone who has ever heard the words, "You have cancer."
And we invite all cancer survivors in the community to attend Relay For Life.

Our goal is to create a world where more people survive cancer so they can celebrate another birthday. This year more than 11 million people will be able to do that thanks to the support of millions of dedicated Relay participants.



SAVE THE DATE: The 2010 Westerly Relay for Life Survivors' Reception will take place at 5 PM on Friday, June 25 on the Westerly High School track. Opening Ceremonies will begin at 6 PM followed by the announcement of the Courage Award winner and the Survivors' Lap.

Please register for this celebration by logging onto <http://www.westerlyrelay.org/form/form.html>. Once you have completed the Survivors' Registration form, hit "Submit" and your completed form will be emailed directly to Joanne Lindeborg, Survivors' committee co-chair. If you do not have access to a computer, please call Joanne in the evening at 860-599-4897 to register.

We look forward to honoring you at this year's Relay!